4.1.2 List of cultural and sports facilities available

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College has different Indoor and outdoor facilities to support physical and recreational requirements of staff and students

Indoor Facilities

Indoor Games

Sr No	Game	Set
1	Table tennis	1
2	Carom Board	4
3	Chess	2

Conventional Gymnasium Facility

A well equipped indoor gymnasium is available in college campus for students as well as staff

Sr no	Equipment	Quantity
1.	Dura fit ranger treadmill	1
2.	Electric massager	1
3.	Straight rod 5ft.	1
4.	Curl rod 3 ft.	1
5.	Dumbbell handles	4
6.	Weight plates	2 kg × 8
		3 kg ×8
		5 kg × 8
7.	Gym gloves	6
8.	Pull up and chin up wall mounted bar	1
9.	Kettle bell 25 lb	1





JAWAHAR MEDICAL FOUNDATION'S A.C.P.M. MEDICAL COLLEGE 8 HOSPITAL

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10.	Kettle bell 18 lb	1
11.	Kettle bell 12 lb	1
12.	Dual wheel abs carver	1
13.	Dumbbell plate stand and rod holder	1
14.	Stainless steel dumbbells	5kg × 2
		7.5 kg × 2
		10 kg × 2
		12.5 kg × 2
15.	multi exercise multipurpose bench	1
16.	Dual action stationary exercise bike	1
17.	Yoga mats	6
18.	Punching bag	1
19.	Punching strips	4
20.	Resistance bands	1
21.	Cross Fit rope 3 inch	1
22.	Cross Fit ladder	1

Indoor auditorium

For celebration of different cultural events within campus, auditorium is available in the institute.



DEAN

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DHULE

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Outdoor Facilities

Sport Grounds/Courts

The college has a badminton court, Volleyball court and playground for playing Kho-Kho, Kabaddi, Cricket, etc.

Sr No	Sports	Area
1	Volleyball	508.8 Sq M
2	Badminton	81.74 Sq M
3	Kho- Kho	432 Sq M
4	Cricket	14,700 Sq M

Outdoor Lawns

College is having 4 outdoor lawns with greenery which are utilized for celebration of different sports and cultural events during annual functions as well as other functions.

Cultural Facilities

List of musical instruments

Sr No	Name of musical insturment
1	Harmonium
2	Guitar
3	Flutes
4	Veena
5	Tabla
6	Drums
7	Cassio Keyboard



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